

# CREPE | STUDIES ON THE FRAGILITY OF MATTER

by and with Sara Capanna and Michele Scappa

original music by Joaquin Nahuel Cornejo

supported by Company Blu

## SYNOPSIS

*Crepe* is a research that starts from the difficulty of taking root. A continuous construction attempted, crossed by subsidence and rubble. Two bodies live in an empty space, a space that is a body. In an evolving and dynamic change of state, bodies resonate from the fragility of that void which is matter.

The relationship arises from the need to inhabit this space, to cross it, rediscovering our own fragility in the other, in a dimension of care and mutual listening. What emerges from it is the idea of a fracture, of a fall, that opens up new sensitive and organizational horizons. An anarchist awakening of different sources of the movement that modifies the human postural order towards delicacy.

*Crepe* is a living and changing material, in continuous transformation. A sensitive search for the action of one's body in a crumbling space, in which we implode and sprout.

## ABOUT RESEARCH

Improvisation was chosen as a research and performative language for this journey of bodies into matter. Improvisation as an opening to new possibilities of being, presence and relationship, through present and conscious experience.

Qualitative movement research arises from the idea of fracture, fall and rubble. The possibility of creating structural, muscular and joint tensions that can then, at the moment of release, free up new perspectives is fundamental.

There is therefore a continuous attempt at construction in which images emerge to then fade and leave space for others. The research on the different proxemics that the parts of the body assume, through the anarchic awakening of different sources of movement, is also part of this work.

Space is perceived as a fragile and changeable substance, which fractures depending on who inhabit it. Space is also the protagonist of our practice and it acts both as a container and as a content, giving impulse to a wandering and interpersonal journey.

The relationship between us arises from the casual meeting in space and time.

In the Other, therefore, we find an interference with our sensations and we adapt to it, opening ourselves to poetic and sensitive images. Indeed, in the other we find our own fragility and difficulties in building and defining the self. The relationship is therefore one of mutual listening and support, in a dimension of care but also of joyful and playful stimulation.

## BIOGRAPHICAL NOTE OF THE ARTISTS

Sara Capanna and Michele Scappa are two young performers, who started few choreographic researches in 2018 thanks to their common interests and to their joyful interpersonal link. Their main research has been *Crepe | studies on fragility of matter*, within which they have been selected for several choreographic awards, residencies and festival:

- Altre Visioni contro festival di teatro nei boschi di Coltano, Pisa, September 2020
- Florence Dance Festival, Firenze, September 2020
- Finale premio Twain\_DirezioniAltre, Toscana, August 2020
- Fuori Formato festival internazionale di danza, Genova, August 2020
- Peer Coaching Company Blu, Firenze, July 2020
- Finale ResiDanza, Napoli, December 2019
- PARC\_Performing Art Research Center, 2019-2020
- Racconti di Altre Danze, Livorno, April 2019

### SARA CAPANNA

Born in Tuscany (IT) Sara is a young freelance dancer and performer. Trained in 2016-17 at Art Factory International, professional contemporary dance training in Bologna. There she studied with masters such as David Zambrano and Eduardo Torroja and in classical technique, floor work, contact-improvisation, release technique, Feldenkrais, BMC, dance and technology, dance and disability. From 2017 to 2019 she trained with L'Attore Dissennato - on the teachings of madness at Animali Celesti theater company in Pisa. In 2019 she graduated in Performing Arts and communication at Pisa University with the thesis *Contagi* - the meeting between theater and madness. From 2018 to today she has attended seminars with Elena Giannotti, Max Barachini, Virgilio Sieni, Ray Chung, and others. Since 2019 she has been working with Animali Celesti as actress and trainer, and as a dancer for Paola Bianchi's Ekphrasis. In 2019 she created her first work as author together with Michele Scappa *Crepe | studies on the fragility of matter*. The duo supported by Company Blu is presented in festivals and choreographic awards including Racconti di Altre Danze, ResiDanza, Fuori Formato, Dominio Pubblico, Twain\_Direzioni Altre. From 2020 she collaborates as a dancer with Company Blu, performing in Art on the Grass and Erba Volant Gesta Manent.

### MICHELE SCAPPA

Born in Rieti, Michele is a young freelance dancer, who is approaching to the world of physical theatre and improvisation as well as the one choreographing.

He started his studies at Opus Ballet Choreographic Center in Florence to the follow up to Northern School of Contemporary Dance in Leeds (UK), where he achieved a Master in Contemporary Dance Performance with Distinction.

He danced for numerous choreographers such as Yuval Pick, Sofia Nappi, Kinkaleri, Cie Twain, Hannes Langolf, Sita Ostheimer, Lenka Vagnerova, Matthew Robinson, Loris Petrillo.

He just took part, for a short period, to the Incubatore for Future Choreographers in Milan, and just started his degree in Psychology at the University of Florence.

ARTISTIC TEAM: Sara Capanna and Michele Scappa  
NUMBER OF PROFESSIONAL TRAVELLING: 2  
TECHNICAL RIDER: No

#### BUDGET

- Pay for performers/authors: 200€ x 2= 400€ net
- Contribution for hosting company and musician: 100€ net
- Reimbursement of travelling costs and accommodation:  
when abroad in Europe for short stay, around 300€