

“Vulnerability is not winning or losing; it's having the courage to show up and be seen when we have no control over the outcome. Vulnerability is not weakness; it's our greatest measure of courage.”

Brene Brown

## **SINOSI**

There is a moment of suspension, in which everyone becomes aware of his state. Liquid, heavy, defenseless. It's not a storytelling, it is the description of a moment that overlooks various levels. That moment of apnea on the bottom where you don't define the rules. Defining vulnerability as a flaw in the security system is only a partial truth. What happens when we go "face down"? Physics of Vulnerability tells the time lapse in which all the protections are suspended, the walls collapse, and you listen to the most intimate part to build a raising. A journey through the nakedness of the psyche told by corporeality and emotionality. Listening is the preparation for a vigorous surfacing.

## **Description of the Project**

Physics of Vulnerability is the new experimental idea designed by the company

Uscite di Emergenza and the choreographer Davide Romeo. The work starts from a movement and physical research that subsequently wants to contaminate itself with the objects, images and proposals of the components of the project. The work is based on the idea of vulnerability as an emotional and existential state linked to bodily states, images and suggestions that one would like to recreate on stage. The inspiration comes from reading the book "Rising Strong" by Brene Brown. From there the quote that serves as the top phrase for the project. Water becomes the focal point of body research and the transposition of the concept into images, focusing on the sensory condition of vulnerability that it creates by acting on our psychophysical state in a situation of apnea and stall.

Work on everyone's vulnerability and Brown's research lead us to a single definition of vulnerability: a state of delicacy and caution.

The scenic transposition of this concept are 30 full glasses of water on stage. The dancers will have to perform their physical and dynamic choreographic actions without undermining the delicate balance of these glasses. The result is the re-creation of a precarious condition where every slightest movement could create chaos.

The glasses and the dancers create ever new and dynamic compositions until the turning point arrives as the revelation in a journey: becoming aware of the inner emptiness changes our whole gaze on vulnerability.

At this point, Brown's words suggest one of the many paths to take, and accompany us in accepting a catharsis that is anything but obvious, indicating the way to a vigorous rising.

All accompanied by a dynamic choreographic research that aims at restitution of reality in movement and gestures with particular attention to the floor which becomes a surface where new dynamics of the body-gravity relationship can be played.

The performance was designed for a classic performative space but offers a wide adaptability, even as a site specific performance. Both the possibilities have been tested in the different festivals in which the company has participated.

## **CREDITS**

PRODUCED BY ASSOCIAZIONE CUTURALE ATACAMA ONLUS

CHOREOGRAPHER: DAVIDE ROMEO

ORIGINAL MUSIC BY MICHAEL PISANO

DANCERS:

MICHAEL PISANO  
GABRIELE PLANAMENTE  
FRANCESCA PIZZUTI  
DAVIDE ROMEO  
LUCA VONA  
GIOVANNA ZANCHETTA

Light Design:

Micheal Pisano / Davide Romeo

Creation Assistant and psychological investigation: Dott. Alice Gabellini

Supported by:

Scuderie Martelive and CorpoMobile Festival

A show that debuted at the Artemisio Theater in Velletri during PAESAGGI DEL CORPO 2020 festival, and was a guest at Corviale Urban Lab 2020.

## **SCHEDA TECNICA**

COMPANY NAME: USCITE DI EMERGENZA

DIRECTION AND CHOREOGRAPHY: DAVIDE ROMEO

DANCERS: 6

DURATION: 50 MIN without the site specific

technical requirements:

LIGHT DESIGN: 1 ETC profile, 2/3 ETC profile 1° grid, 4 PC on grids , 4 PC, 2 front PC, 2 PC.

(Tot. 3 ETC, 12 PC)

MINIMUM SCENERY SPACE: 6 meters x 8 meters

IDEAL SCENIC SPACE: 10 meters x 10 meters

SCENOGRAPHY AND SCENE OBJECTS: 30 plastic cups, 4 water tanks with plastic pipes, 4 plastic tubs. ATTENTION: during the show objects and containers containing water will be used.

MUSIC: composed specifically for the show by Michael Pisano

SIAE position: Not protected

All the company performances are conceived for spaces, even if they are not conventional spaces (halls, courtyards, street, etc.).

## **ADDRESSES**

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## **THE COMPANY**

Uscite di Emergenza was born in 2015 from the idea of the choreographer and dancer Davide Romeo,

which involves a group of young dancers. The very young company operates in the field of contemporary dance, improvisation and performance, outlining its own transmission languages of the concept. The particular style of the choreographer, the search for a construction line of performance and movement starting from the size of the body and the interaction with the numerous props make this work particular and interesting on different levels of understanding.

The Company expresses a rich artistic planning created in a very short time, combined with a dynamic vision and in strong relationship with the local and national territory. Applauded for the originality of the productions and for the varied and versatile offer of a fresh and dynamic choreographic vocabulary.

Outputs of Emergency therefore proposes a training on its own poetics of movement built through a language in continuous evolution, a mixture of floorwork, contemporary technique, contact improvisation, daily gesture and physical action. A training born of previous artistic experiences, to arrive at a fluid, dynamic and physical interlocking work.